

# Tradewinds

## Event Catering Options

### Breakfast Buffet Menus

One Hour Service - All Prices per Person  
Minimum of 20 Guest

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#### Continental \$10\*

Orange Juice, Cranberry Juice, Grapefruit Juice, Milk, Coffee & Tea

Assorted Muffins

Bagels with Cream Cheese

Assorted Cereals

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#### The Eye Opener Buffet \$16\*

Orange Juice, Cranberry Juice, Grapefruit Juice, Milk, Coffee & Tea

Scrambled Eggs

Breakfast Pastries & Muffins

Crisp Bacon

Oatmeal

Mini Sausage Links

Home Fries

Toast with Assorted Jellies & Jams

Fresh Fruit & Yogurt

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#### English Morning Buffet \$18\*

Orange Juice, Cranberry Juice, Grapefruit Juice, Milk, Coffee & Tea

Vegetable Frittata

Scrambled Eggs with Hollandaise Sauce

Bangers with Caramelized Mushrooms

Beans and Toast

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#### Build Your Own Breakfast Buffet\*

Minimum of 4 Selections required

Prices are per Person

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##### Individual Selections

Pancakes for Buffet \$4

Banana Fosters French toast \$5

Vegetable Frittata \$4

Assorted Pastries \$4

Sausage & Bacon \$4

Scrambled Eggs \$4

Flavored Yogurt Parfaits \$3

Fruit Salad Shooters \$3

Assorted Danishes, Muffins, Bagels \$4

Biscuits & Gravy \$4

Yogurt & Fresh Fruit \$3

Flavored Syrups \$2

Banana Nut Pancakes \$5

Fresh Fruit Pineapple Boats \$3

##### Chef Attendant Fee Action Stations

(1<sup>st</sup> Selection \$5 each Additional Selection \$3)

Chef attended Omelet Station

Chef attended Waffle Station

Chef attended Pancake Station

**An additional Chef Attendant Fee of \$20 per chef per hour  
will be added for events that are not at Tradewinds.**

\*A 20% Service Charge and 7% Tax will be added to all Fully Catered Items

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## Event Catering Options

### Grab & Go Boxed Breakfast Selections

All Prices per Person

Includes a Breakfast Pastry, Choice of Fresh Fruit or Yogurt Parfait & a To-Go Beverage.

**Sausage Biscuit \$9<sup>+</sup>**

**Ham & Cheese Biscuit \$8<sup>+</sup>**

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### Grab & Go Boxed Lunch Selections

All Prices per Person

Each selection includes a Bag of Chips, House Baked Cookie and Canned Soda or Bottled Water.

All Sandwiches are served on a 10" Hoagie Roll with Lettuce & Tomato.

**Albacore Tuna Salad Sandwich \$15<sup>+</sup>**

Albacore Tuna & Seasoned Double Egg Mayo

**Ham or Turkey Sandwich \$14<sup>+</sup>**

Dijon Aioli & American Cheese

**Slow Roasted Beef Sandwich \$16<sup>+</sup>**

Thinly Sliced Roast Beef, Provolone Cheese & Fresh Tarragon Aioli

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**Sicilian Sub Sandwich \$15<sup>+</sup>**

Salami, Ham, Pepperoni, Marinara Sauce & Mozzarella Cheese

**Gourmet Chicken Sandwich \$14<sup>+</sup>**

Grilled Chicken Breast, Fresh Basil, Mozzarella Cheese & Garlic Aioli

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### Miscellaneous To-Go Items

**2 Liter Bottle of Soda \$4<sup>+</sup>**

Pepsi, Diet Pepsi, Mountain Dew or Dr. Pepper

**Large Bag of Potato Chips \$4<sup>+</sup>**

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## Event Catering Options

### Pizza Selections To-Go

All Prices per 16" Pizza – 8 Slices per Pizza

#### Meat Lovers \$18<sup>+</sup>

Bacon, Pepperoni, Italian Sausage, Ham & Mozzarella Cheese

#### BBQ Chicken \$17<sup>+</sup>

Ray's BBQ Sauce, Grilled Chicken, Bacon, Onion, Fresh Jalapenos & Mixed Cheeses

#### Buffalo Chicken \$17<sup>+</sup>

Buffalo Sauce, Grilled Chicken, Onion, Bell Pepper, Cheddar Jack Cheese & Ranch Dressing

#### Margherita \$15<sup>+</sup>

Pesto Sauce, Basil & Fresh Mozzarella Cheese

#### Cheese Lovers \$14<sup>+</sup>

Parmesan & Mozzarella Cheese

#### Veggie Lovers \$16<sup>+</sup>

Spinach, Mushroom, Onion, Bell Pepper, Diced Tomato & Italian Cheese

#### Build Your Own \$15<sup>+</sup>

Choice of 2 Toppings – Additional Toppings \$1 each

Pepperoni / Italian Sausage / Bacon / Ham / Grilled Chicken  
Spinach / Onion / Bell Pepper / Tomato / Mushroom / Olives

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### Pizza – Wings – Salad \$15<sup>+</sup>

All Prices per Person – Minimum of 20 Guests

Selection includes a House Baked Cookie and Canned Soda or Bottled Water per Guest.

#### Pizza

Choose any 1 Style from above

#### Wings

Choose any 1 Style

Mild / Buffalo / Hot / Sweet Bourbon / Dry Jerk

#### Salad

Choose any 1 Style

Tradewinds House Salad or Caesar Salad

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## Event Catering Options

### Platter & Tray Selections To-Go

All Prices per Person – Minimum of 20 Guests

#### Salad Tray \$3.50<sup>+</sup>

(Choose 1 Selection)

Tradewinds House

Classic Caesar

Tri-Colored Pasta

#### Deli Tray \$4<sup>+</sup>

Sliced assorted Deli Meats & Cheeses,  
Lettuce, Tomato & Mini Sub Rolls

#### Veggie & Dip Tray \$3<sup>+</sup>

Carrot, Celery, Broccoli, Cauliflower  
& Herbed Cream Cheese Dip

#### Chips & Salsa Platter \$2.50<sup>+</sup>

Tri-Colored Nacho Chips & Zesty Salsa

#### Mini Sub Platter \$6<sup>+</sup>

(Choose 1 Selection)

##### Selection #1

Pepperoni, Ham, Salami, Provolone Cheese,  
Lettuce & Tomato

##### Selection #2

Char Grilled Chicken, Provolone Cheese,  
Lettuce & Tomato

##### Selection #3

Smoked Turkey, Provolone Cheese,  
Lettuce & Tomato

#### Chicken Wing Platter \$3.50<sup>+</sup>

Celery, Carrot & Ranch Dressing

Choose any 1 Style

Mild / Buffalo / Hot / Sweet Bourbon / Dry Jerk

#### House Baked Cookie & Brownie Tray \$3<sup>+</sup>

Chocolate Chip, Peanut Butter, Sugar Cookies & Fudge Brownies Bites

#### Fresh Whole Fruit \$3<sup>+</sup>

Orange, Apple & Grapes

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## Event Catering Options

### Break-Time Selections

All Prices per Person  
Minimum of 20 Guests

#### Beverage Break \$3.50<sup>+</sup>

(Choose 3 Items)

Coffee / Decaf / Orange Juice / Grapefruit Juice /  
Tea / Lemonade / Bottled Water / Canned Soda

#### Mid-Morning Break \$3<sup>+</sup>

Assorted Mini Breakfast Pastries & Danishes

#### Fresh Fruit Explosion \$9<sup>+</sup>

Assorted Sliced Fruits, Chocolate Strawberries,  
Fruit Smoothies & Lemonade

#### The Health Break \$10<sup>+</sup>

Fresh Whole Fruits, Vegetable Crudit   
Power Bars, Assorted Dried Nuts & Fruits

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#### House Baked Cookie & Brownie Tray \$3<sup>+</sup>

Chocolate Chip Cookies, Peanut Butter Cookies, Sugar Cookies  
& Fudge Brownies Bites

#### The Chocoholic Break \$9<sup>+</sup>

Ghirardelli Dark Chocolate Brownie, Chocolate Carnival Cookies  
& Assorted Chocolate Candy Bars

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## Event Catering Options

### Lunch Buffet Menus

One Hour Service - All Prices per Person  
Minimum of 20 People

#### Deli Style Buffet \$13\*

Includes Water, Soda & Tea

Sliced Provolone & American Cheese,  
Sliced Ham, Smoked Turkey  
& Slow Roasted Beef  
Pickles, Lettuce, Tomato & Red Onions  
Sliced White & Wheat Bread  
Chips & Assorted Cookies

#### South of the Border Buffet \$19\*

Includes Water, Soda & Tea

Tradewinds House Salad  
Beef Empanadas with Chipotle Ranch Aioli  
Create Your Own Fajita with Chicken & Steak  
Fully Loaded Cheese Quesadillas  
Chips & Pico de Gallo Salsa  
Assorted Cookies

#### Italian Buffet \$19\*

Includes Water, Soda & Tea

Tomato, Basil & Fresh Mozzarella Skewers  
Bruschetta served on a Roasted Garlic Crostini  
Classic Caesar Salad  
Pasta Primavera  
Chicken Parmesan  
Seasonal Vegetable  
Tiramisu

#### Caribbean Buffet \$21\*

Includes Water, Soda & Tea

Tradewinds House Salad  
Peel & Eat Shrimp  
Plantain Tostones with Mango Pineapple Salsa  
Caribbean Rice & Beans  
Grilled Shrimp with a Garlic Citrus Glaze  
Tradewinds Jerk Chicken  
Key Lime Pie

By Wyndham Vacation Rentals

#### Pizza Buffet \$15\*

Includes Water, Soda & Tea

Pizza (choose up to 3 styles)

Meat lovers / BBQ Chicken / Cheese / Veggie / Buffalo Chicken

Wings (choose up to 2 styles)

Mild / Buffalo / Hot / Sweet Bourbon / Dry Jerk

Salad (Choose 1 Style)

Tradewinds House Salad or Caesar Salad

Chips & Assorted Cookies

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## Event Catering Options

### Plated Lunch Menu

All Prices per Person

Minimum of 20 People

Includes Salad, Vegetable Medley, Dessert, Water, Soda & Tea

#### Salads

(Choose 1)

#### Tradewinds House Salad

Chopped Romaine Hearts, Artichoke Hearts, Island Spiced Chicken, Black & Green Olives, Giardiniera Salad Mix, Sweet Roasted Peppers, EVOO & Red Wine Vinegar

#### Caesar Salad

Romaine Lettuce, Caesar Dressing, Parmesan Cheese, Fresh Croutons

#### Main Course

(Choose up to 2)

#### Grilled Chicken Capellini \$16\*

Island Seasoned Grilled Chicken Breast served over a bed of Angel Hair Primavera

#### Italian Baked White Fish \$18\*

Creamy Italian Glaze & Seasoned Bread Crumbs Over Tri-Colored Bow Tie Pasta

#### Herb Crusted Salmon \$18\*

Pan Seared Salmon in an Herb Crust Over Roasted Garlic Mashed Potatoes

#### Roasted Pork Loin \$17\*

Topped with Brandy Glazed Onions & Mushrooms over Oven Roasted Red Potatoes

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#### Rosemary Glazed Shrimp & Scallop \$19\*

Grilled Shrimp & Scallop Infused with Fresh Rosemary & Olive Oil served over Bahamian Rice

#### Dessert

(Choose 1)

Chocolate Cake

Tiramisu

Key Lime Pie

Crème Brulee Cheese Cake

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## Event Catering Options

### Plated Dinner Menu Options

All Prices per Person  
Minimum of 20 People

Includes Salad, Side Item, Dessert, Water, Soda & Tea

### Add an Appetizer

All Prices per Person  
Pass Tray or Buffet Style

#### **Smoked Salmon \$8.50\***

served on Irish Soda Bread  
with Creamed Butter & Capers

#### **Chicken Satay \$5\***

Marinated Chicken Breast  
served with a Pineapple Glaze

#### **Jumbo Shrimp Cocktail \$9\***

with Lemon Wedge & Cocktail Sauce

#### **Seared Ahi Tuna \$9.50\***

served over Gourmet mixed greens then  
drizzled with Balsamic reduction

#### **Beef Carpaccio \$6\***

served on a Crostini with EVOO,  
Capers & Shredded Parmesan

#### **Fresh Bruschetta \$4.50\***

served with Parmesan Crostini

### Salads

(Select 1)

#### **Tradewinds House Salad**

Chopped Romaine Hearts, Artichoke Hearts, Island Spiced Chicken, Black & Green Olives,  
Giardiniera Salad Mix, Sweet Roasted Peppers, EVOO & Red Wine Vinegar

#### **Caesar Salad**

Romaine Lettuce, Caesar Dressing, Parmesan Cheese, Fresh Croutons

### Side Items

(Choose 2)

**Grilled Asparagus**

**Bahamian Rice**

**Steamed Broccoli**

**Vegetable Medley**

**Garlic Mashed Potatoes**

**Baby Green Beans**

**Baked Potato**

**Rosemary Red Bliss**

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## Event Catering Options

### Main Course Selections

(Select 2)

#### **Roast Prime Rib Dinner 31\***

Encrusted Prime Ribeye Slow Roasted & served with Au Jus  
**Suggested Side Items: Garlic Mashed Potatoes & Vegetable Medley**

#### **Sautéed Florida Red Snapper 28\***

Seasoned with Lemon, Kosher Salt and Cracked Black Pepper then topped with Herb Butter  
**Suggested Side Items: Rosemary Red Bliss Potato & Grilled Asparagus**

#### **Roast Tenderloin of Beef 32\***

Fresh Herb Rubbed Tenderloin topped with Béarnaise Sauce  
**Suggested Side Items: Bahamian Rice & Grilled Asparagus**

#### **Seafood Paella 27\***

Shellfish, Shrimp, White Fish & Andouille Sausage served over Saffron Rice  
**Suggested Side Items: Rosemary Red Bliss Potato & Grilled Asparagus**

#### **Tradewinds Surf & Turf 35\***

Blackened Delmonico Steak served with Shrimp & Scallop Scampi  
**Suggested Side Items: Baked Potato & Baby Green Beans**

#### **Roasted ½ Chicken Dinner 25\***

Lemon & Rosemary Basted then slow roasted  
**Suggested Side Items: Rosemary Red Bliss Potato & Steamed Broccoli**

#### **Stuffed Pork Loin 27\***

Stuffed with Spinach, Bermuda Onion & Wild Mushrooms with a Sweet Marsala Glaze  
**Suggested Side Items: Bahamian Rice & Baby Green Beans**

#### **Roast Turkey Dinner 25\***

Slow Roasted Turkey served with Cornbread Stuffing  
**Suggested Side Items: Garlic Mashed Potatoes & Baby Green Beans**

#### **Salmon Oscar 29\***

Pan Seared then topped with Lump Crab Meat, Grilled Asparagus & Hollandaise Sauce  
**Suggested Side Items: Bahamian Rice & Vegetable Medley**

### Dessert

(Select 1)

Key West Key Lime Pie with Fresh Chantilly Cream  
Cream Brulee Cheese Cake topped with Fresh Strawberries  
Bread Pudding smothered in a warm Bird's Custard Sauce

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