

Tradewinds

Event Catering Options

Breakfast Buffet Menus

One Hour Service - All Prices per Person
Minimum of 20 Guest

Continental \$10*

Orange Juice, Cranberry Juice & Coffee
Assorted Muffins
Bagels with Cream Cheese
Fresh Fruit & Yogurt

The Eye Opener Buffet \$14*

Orange Juice, Cranberry Juice & Coffee

Scrambled Eggs	Southern Style Grits
Crisp Bacon	Oatmeal
Mini Sausage Links	Home Fries
Toast with Assorted Jellies	Fresh Fruit & Yogurt

Build Your Own Breakfast Buffet*

Minimum of 4 Selections required
Prices are per Person

<u>Individual Selections</u>	Yogurt & Fresh Fruit \$3
Pancakes for Buffet \$4	Flavored Syrups \$2
Banana Fosters French toast \$5	Banana Nut Pancakes \$5
Assorted Pastries \$4	Fresh Fruit Pineapple Boats \$3
Sausage & Bacon \$4	<u>Chef Attendant Fee Action Stations</u>
Scrambled Eggs \$4	(1 st Selection \$5 each Additional Selection \$3)
Flavored Yogurt Parfaits \$3	Chef attended Omelet Station
Fruit Salad Shooters \$3	Chef attended Waffle Station
Assorted Danishes, Muffins, Bagels \$4	Chef attended Pancake Station
Biscuits & Gravy \$4	

**An additional Chef Attendant Fee of \$20 per chef per hour
will be added for events that are not at Tradewinds.**

*A 20% Service Charge and 7% Tax will be added to all Fully Catered Items

+A 10% Service Charge and 7% Tax will be added to all Delivered Items

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Event Catering Options

Grab & Go Boxed Breakfast Selections

All Prices per Person

Includes a Choice of Fresh Fruit or Yogurt Parfait & a To-Go Beverage

Sausage Biscuit \$9⁺

Sausage Egg Cheese Biscuit \$11⁺

Ham & Cheese Biscuit \$8⁺

Ham Egg Cheese Biscuit \$11⁺

Egg Bacon Cheese Biscuit \$10⁺

Grab & Go Boxed Lunch Selections

All Prices per Person

Each selection includes a Bag of Chips, House Baked Cookie and Canned Soda or Bottled Water.

All Sandwiches are served on a 10" Hoagie Roll with Lettuce & Tomato.

Ham or Turkey Sandwich \$14⁺

Dijon Aioli & American Cheese

Slow Roasted Beef Sandwich \$16⁺

Thinly Sliced Roast Beef, Provolone Cheese & Fresh Tarragon Aioli

Gourmet Chicken Sandwich \$14⁺

Grilled Chicken Breast, Fresh Basil, Mozzarella Cheese & Garlic Aioli

Miscellaneous To-Go Items

2 Liter Bottle of Soda \$4⁺

Coke, Diet Coke, Sprite, Mr. Pibb

Large Bag of Potato Chips \$4⁺

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Pizza Selections To-Go

All Prices per 16" Pizza – 8 Slices per
(Pizza Minimum of 10 Pizzas)

Meat Lovers \$16⁺

Bacon, Pepperoni, Italian Sausage, Ham &
Mozzarella Cheese

BBQ Chicken \$15⁺

Ray's BBQ Sauce, Grilled Chicken, Bacon, Onion,
Fresh Jalapenos & Mixed Cheeses

Buffalo Chicken \$15⁺

Buffalo Sauce, Grilled Chicken, Onion, Bell
Pepper, Cheddar Jack Cheese & Ranch Dressing

Margherita \$13⁺

Pesto Sauce, Basil & Fresh Mozzarella Cheese

Cheese Lovers \$12⁺

Parmesan & Mozzarella Cheese

Veggie Lovers \$14⁺

Spinach, Mushroom, Onion, Bell Pepper, Diced
Tomato & Italian Cheese

Build Your Own \$13⁺

Choice of 2 Toppings – Additional Toppings \$1 each

Pepperoni / Italian Sausage / Bacon / Ham / Grilled Chicken
Spinach / Onion / Bell Pepper / Tomato / Mushroom / Olives

Pizza – Wings – Salad \$15⁺

All Prices per Person – Minimum of 20 Guests

Selection includes a House Baked Cookie & a To-Go Beverage per Guest.

Pizza

Choose any 3 Styles from above

Wings

Choose any 2 Style

Mild / BBQ / Hot / Sweet Bourbon / Dry Jerk

Salad

Choose any 1 Style

Tradewinds Garden Salad or Caesar Salad

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Event Catering Options

Platter & Tray Selections To-Go Only

(All Prices per Person – Minimum of 20 Guests)

Salad Tray \$3.50⁺

(Choose 1 Salad Selection)

Tradewinds House

Classic Caesar

Tri-Colored Pasta

Deli Tray \$4⁺

Sliced assorted Deli Meats & Cheeses,
Lettuce, Tomato & Mini Sub Rolls

Veggie & Dip Tray \$3⁺

Carrot, Celery, Broccoli, Cauliflower
& Herbed Cream Cheese Dip

Chips & Salsa Platter \$2.50⁺

Tri-Colored Nacho Chips & Zesty Salsa

Mini Sub Platter \$6⁺

(Choose 1 Selection)

Selection #1

Pepperoni, Ham, Salami, Provolone Cheese,
Lettuce & Tomato

Selection #2

Char Grilled Chicken, Provolone Cheese,
Lettuce & Tomato

Selection #3

Smoked Turkey, Provolone Cheese,
Lettuce & Tomato

Chicken Wing Platter \$3.75⁺

Celery, Carrot & Ranch Dressing

Choose any 1 Style

Mild / BBQ / Hot / Sweet Bourbon / Dry Jerk

House Baked Cookie & Brownie Tray \$3⁺

Chocolate Chip, Peanut Butter, Sugar Cookies & Fudge Brownies Bites

Fresh Whole Fruit \$3⁺

Orange, Apple & Grapes

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Event Catering Options

Break-Time Selections

All Prices per Person
Minimum of 20 Guests

Beverage Break \$3.50⁺

(Choose 3 Items)

Coffee / Decaf / Orange Juice / Grapefruit Juice /
Tea / Lemonade / Bottled Water / Canned Soda

Mid-Morning Break \$3⁺

Assorted Mini Breakfast Pastries & Danishes

The Health Break \$10⁺

Fresh Whole Fruits, Vegetable Crudité

Power Bars, Assorted Dried Nuts & Fruits

House Baked Cookie & Brownie Tray \$3⁺

Chocolate Chip Cookies, Peanut Butter Cookies, Sugar Cookies
& Fudge Brownies Bites

The Chocoholic Break \$9⁺

Ghirardelli Dark Chocolate Brownie, Chocolate Carnival Cookies
& Assorted Chocolate Candy Bars

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Event Catering Options

Lunch & Dinner Buffet Menus

One Hour Service - All Prices per Person
(Minimum of 20 People)

Deli Style Buffet \$14*

Includes Water, Soda & Tea

Sliced Provolone & American Cheese,
Sliced Ham, Smoked Turkey
& Slow Roasted Beef
Pickles, Lettuce, Tomato & Red Onions
Sliced White & Wheat Bread
Chips & Assorted Cookies

South of the Border Buffet \$20*

Includes Water, Soda & Tea

Tradewinds House Salad
Beef Empanadas with Chipotle Ranch Aioli
Create Your Own Fajita with Chicken & Steak
Fully Loaded Cheese Quesadillas
Chips & Pico de Gallo Salsa
Assorted Cookies

Italian Buffet \$19*

Includes Water, Soda & Tea

Tomato, Basil & Fresh Mozzarella
Bruschetta served on a Roasted Garlic Crostini
Classic Caesar Salad
Pasta Primavera
Chicken Parmesan
Tiramisu

Caribbean Buffet \$21*

Includes Water, Soda & Tea

Tradewinds House Salad
Plantain Tostones with Mango Pineapple Salsa
Sofrito Rice & Beans
Grilled Shrimp with a Garlic Citrus Glaze
Tradewinds Jerk Chicken
Key Lime Pie

Pizza Buffet \$17*

Includes Water, Soda & Tea

Pizza (choose up to 3 styles)

Meat lovers / BBQ Chicken / Cheese / Veggie / Buffalo Chicken

Wings (choose up to 2 styles)

Mild / BBQ / Hot / Sweet Bourbon / Dry Jerk

Salad (Choose 1 Style)

Tradewinds House Salad or Caesar Salad

Chips & Assorted Cookies & Brownies

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Event Catering Options

(All Prices per Person – Minimum of 20 Guests) Add-On's Only

Salad Tray \$3.50⁺

(Choose 1 Selection)

Tradewinds House

Classic Caesar

Tri-Colored Pasta

Deli Tray \$4⁺

Sliced assorted Deli Meats & Cheeses,
Lettuce, Tomato & Mini Sub Rolls

Veggie & Dip Tray \$3⁺

Carrot, Celery, Broccoli, Cauliflower
& Herbed Cream Cheese Dip

Chips & Salsa Platter \$2.50⁺

Tri-Colored Nacho Chips & Zesty Salsa

Mini Sub Platter \$6⁺

(Choose 1 Selection)

Selection #1

Pepperoni, Ham, Salami, Provolone Cheese,
Lettuce & Tomato

Selection #2

Char Grilled Chicken, Provolone Cheese,
Lettuce & Tomato

Selection #3

Smoked Turkey, Provolone Cheese,
Lettuce & Tomato

Chicken Wing Platter \$3.50⁺

Celery, Carrot & Ranch Dressing

Choose any 1 Style

Mild / Buffalo / Hot / Sweet Bourbon / Dry Jerk

House Baked Cookie & Brownie Tray \$3⁺

Chocolate Chip, Peanut Butter, Sugar Cookies & Fudge Brownies Bites

Fresh Whole Fruit \$3⁺

Orange, Apple & Grapes

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Event Catering Options

Plated Lunch Menu

All Prices per Person
Minimum of 20 People

Includes Salad, Vegetable Medley, Dessert, Water, Soda & Tea

Salads

(Choose 1)

Tradewinds House Salad

Spring Mix, Tomato Wedges, Cucumber, Shredded Jack Cheddar Cheese, Red Onion, Fresh Croutons,
Choice of Ranch & Balsamic Vinaigrette

Caesar Salad

Romaine Lettuce, Caesar Dressing, Parmesan Cheese, Fresh Croutons

Main Course

(Choose up to 2)

Grilled Chicken Capellini \$16*

Island Seasoned Grilled Chicken Breast
served over a bed of Angel Hair Primavera

Italian Baked White Fish \$18*

Creamy Italian Glaze & Seasoned Bread Crumbs
Over Tri-Colored Bow Tie Pasta

Herb Crusted Salmon \$18*

Pan Seared Salmon in an Herb Crust
Over Roasted Garlic Mashed Potatoes

Roasted Pork Loin \$17*

Topped with Brandy Glazed Onions &
Mushrooms over Oven Roasted Red Potatoes

Rosemary Glazed Shrimp & Scallop \$19*

Grilled Shrimp & Scallop Infused with Fresh Rosemary
& Olive Oil served over Bahamian Rice

Dessert

(Choose 1)

Chocolate Cake

Tiramisu

Key Lime Pie

Crème Brulee Cheese Cake

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Event Catering Options

Plated Dinner Menu Options

All Prices per Person
Minimum of 20 People
Includes Salad, Side Item, Dessert, Water, Soda & Tea

Add an Appetizer

All Prices per Person
Pass Tray or Buffet Style

Smoked Salmon \$8.50*

served on Irish Soda Bread
with Creamed Butter & Capers

Chicken Satay \$5*

Marinated Chicken Breast
served with a Pineapple Glaze

Jumbo Shrimp Cocktail \$9*

with Lemon Wedge & Cocktail Sauce

Seared Ahi Tuna \$9.50*

served over Gourmet mixed greens then
drizzled with Balsamic reduction

Beef Carpaccio \$6*

served on a Crostini with EVOO,
Capers & Shredded Parmesan

Fresh Bruschetta \$4.50*

served with Parmesan Crostini

Salads

(Select 1)

Tradewinds House Salad

Spring Mix, Tomato Wedges, Cucumber, Shredded Jack Cheddar Cheese, Red Onion, Fresh Croutons,
Choice of Ranch & Balsamic Vinaigrette

Caesar Salad

Romaine Lettuce, Caesar Dressing, Parmesan Cheese, Fresh Croutons

Side Items

(Choose 2)

Grilled Asparagus

Bahamian Rice

Vegetable Medley

Garlic Mashed Potatoes

Steamed Broccoli

Baby Green Beans

Rosemary Red Bliss

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Main Course Selections

(Select 2)

Roast Prime Rib Dinner 31*

Encrusted Prime Ribeye Slow Roasted & served with Au Jus
Suggested Side Items: Garlic Mashed Potatoes & Vegetable Medley

Sautéed Florida Red Snapper 28*

Seasoned with Lemon, Kosher Salt and Cracked Black Pepper then topped with Herb Butter
Suggested Side Items: Rosemary Red Bliss Potato & Grilled Asparagus

Roast Tenderloin of Beef 32*

Fresh Herb Rubbed Tenderloin topped with Béarnaise Sauce
Suggested Side Items: Bahamian Rice & Grilled Asparagus

Seafood Paella 27*

Shellfish, Shrimp, White Fish & Andouille Sausage served over Saffron Rice
Suggested Side Items: Rosemary Red Bliss Potato & Grilled Asparagus

Tradewinds Surf & Turf 35*

Blackened Delmonico Steak served with Shrimp & Scallop Scampi
Suggested Side Items: Baked Potato & Baby Green Beans

Roasted ½ Chicken Dinner 25*

Lemon & Rosemary Basted then slow roasted
Suggested Side Items: Rosemary Red Bliss Potato & Steamed Broccoli

Stuffed Pork Loin 27*

Stuffed with Spinach, Bermuda Onion & Wild Mushrooms with a Sweet Marsala Glaze

Suggested Side Items: Bahamian Rice & Baby Green Beans

Roast Turkey Dinner 25*

Slow Roasted Turkey served with Cornbread Stuffing
Suggested Side Items: Garlic Mashed Potatoes & Baby Green Beans

Salmon Oscar 29*

Pan Seared then topped with Lump Crab Meat, Grilled Asparagus & Hollandaise Sauce
Suggested Side Items: Bahamian Rice & Vegetable Medley

Dessert

(Select 1)

Key West Key Lime Pie with Fresh Chantilly Cream
Cream Brulee Cheese Cake topped with Fresh Strawberries
Bread Pudding smothered in a warm Bird's Custard Sauce

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